Risk Assessment Assignment

PURPOSE: This assignment is risk assessment of a health condition that is not covered in the course. It will allow for the expansion of knowledge and the ability to determine health behaviors which may decrease risk for disease development.

COURSE OUTCOMES

This assignment enables the student to meet the following course outcomes:

1. Explain the pathophysiologic processes of select health conditions. (PO1)
2. Predict clinical manifestations and complications of select disease processes. (PO 1, 8)
3. Correlate lifestyle, environmental, and other influences with changes in levels of wellness. (PO 1, 7)

DUE DATE: See course calendar. The college's Late Assignment Policy applies to this activity.

TOTAL POINTS POSSIBLE: 100 points

REQUIREMENTS:

Please select a disease process from any of the body systems that are covered in this course or the hematologic or reproductive systems. You cannot choose a disease process that is already covered in NR282 or in NR 281. Research the risk factors for the disease. Feel free to consult with your faculty member as you have questions about the assignment.

PREPARING THE PAPER:

Describe lifestyle, genetic, environmental, cultural, age, gender and other risk factors for the selected disease. Identify if these risk factors are modifiable or non-modifiable. Discuss health promotion/disease prevention activities to alter the modifiable risk factors. Discuss ways that nurses or other health providers would use this information. Use literature to support your statements. This paper should be 3-5 pages in length and follow APA writing style.

Finally, prepare a short summary of your paper that would fit on a 3X5 note card to share with your classmates. This should be uploaded into the discussion tab found in Module 6.

DIRECTIONS AND GRADING CRITERIA

Assignment Category	Points	%	Description
Identification of risk factors	30	30%	Describe the lifestyle, genetic, environmental, cultural, age, gender or other risk factors for the selected disease. Use information from resources that are current and relevant to the specified disease topic.
Determine if these are modifiable or	10	10%	Of the risk factors identified, determine which risk factors are modifiable or non-modifiable. Provide a brief description of the rationale(s) for your determination.

non-modifiable			
List measures to alter the risk factor	15	15%	Based on your determination of modifiable vs. non-modifiable risk factors, identify health promotion and/or disease prevention activities that the person can take to alter the risk factor(s). Provide a brief description of evidence-based information from resources that are current and relevant that address these risk factors.
Discussion about use of risk factor information	20	20%	Use evidence-based information from resources that are current and relevant that address how nurses and other health professionals would use the information derived from the risk assessment. Include in your discussion how the professional's understanding of the pathophysiologic process is applied.
APA Style and Organization	5	5%	The assignment should be typed and presented in APA (6th ed.) format. This includes title page and references with in-text citations. Spelling and grammar will be evaluated with this assignment. The paper should be 3-5 pages in length.
Summary posted in discussion.	20	20%	Post a **short** summary that might fit on a 3X5 note card in the discussion tab located in Module 6 for others to view.
Total	**100**	**100%**	

GRADING RUBRIC

Assignment Criteria	Outstanding or Highest Level of Performance A (92–100%)	Very Good or High Level of Performance B (84–91%)	Competent or Satisfactory Level of Performance C (76–83%)	Poor, Failing or Unsatisfactory Level of Performance F (0–75%)
Identification of risk factors (30 points)	**Comprehensively** describes **ALL** elements for the selected disease. • Lifestyle • Genetic • Environmental • Cultural • Age • Gender, and • Other risk factors **ALL** resources are current (within 5 years) **and** relevant to the specified disease topic. **28-30 points**	**Comprehensively** describes elements for the selected disease omitting no more than **one (1).** • Lifestyle • Genetic • Environmental • Cultural • Age • Gender, and • Other risk factors Information from **1 resource** is not current (within 5 years) **and/or** relevant to the specified disease topic. **26-27 points**	**Adequately** describes elements for the selected disease omitting no more than **two (2).** • Lifestyle • Genetic • Environmental • Cultural • Age • Gender, and • Other risk factors Information from **2 resources** is not current (within 5 years) **and/or** relevant to the specified disease topic. **23- 25 points**	**Omits three (3) or more** elements for the selected disease. • Lifestyle • Genetic • Environmental • Cultural • Age • Gender, and • Other risk factors Information from **3 or more** resources is not current (within 5 years) **and/or** relevant to the specified disease topic. **0-22 points**
Determine if these are modifiable or non-modifiable (10 points)	Of the risk factors identified, **accurately** determines which risks are modifiable or non-modifiable. Rationale provided support categorization of **ALL** risk factors. **10 points**	Of the risk factors identified, **inaccurately** categorizes **no more than 1** risk factor. Rationale provided support categorization of **ALL** risk factors correctly categorized. **9 points**	Of the risk factors identified, **inaccurately categorizes no more than 2** risk factors. Rationale provided support categorization of **ALL** risk factors correctly categorized. **8 points**	Of the risk factors identified, **inaccurately** categorizes **three or more** risk factors. Rationale provided does not support categorization of risk factors. **0–7 points**

Assignment Criteria	Outstanding or Highest Level of Performance A (92–100%)	Very Good or High Level of Performance B (84–91%)	Competent or Satisfactory Level of Performance C (76–83%)	Poor, Failing or Unsatisfactory Level of Performance F (0–75%)
List measures to alter the risk factor (15 points)	**Identifies 3 or more** health promotion and/or disease prevention activities the individual can participate in to alter identified risk factor(s). Evidence based rationale from current resources support **ALL** activities to alter risk factors. **14-15 points**	**Identifies 2** health promotion and/or disease prevention activities the individual can participate in to alter identified risk factor(s). Evidence based rationale from current resources support **ALL** activities to alter risk factors. **13 points**	**Identifies 1 or more** health promotion and/or disease prevention activities the individual can participate in to alter identified risk factor(s). Evidence based rationale from current resources support **ALL** activities to alter risk factors. **12 points**	**Identifies no** health promotion and/or disease prevention activities the individual can participate in to alter identified risk factor(s). **OR** Rationale to support activities are missing, not based on current evidence (older than 5 years), and/or not relevant to identified risk factors. **0–11 points**
Discussion about use of risk factor information (20 points)	**Comprehensively addresses** how nurses and other health professionals would use the information derived from the risk assessment. **Comprehensively** discusses how the professional's understanding of the pathophysiologic process is applied in this assignment. **ALL** resources are current (within 5 years) and relevant to the specified disease topic. **19-20 points**	**Mostly addresses** how nurses and other health professionals would use the information derived from the risk assessment. **Mostly** discusses how the professional's understanding of the pathophysiologic process is applied in this assignment. Information from **1 resource** is not current (within 5 years) **and/or** relevant to the specified disease topic**.** **17-18 points**	**Adequately addresses** how nurses and other health professionals would use the information derived from the risk assessment. **Adequately** discusses how the professional's understanding of the pathophysiologic process is applied in this assignment. Information from **2 resources** is not current (within 5 years) **and/or** relevant to the specified disease topic. **16 points**	**Inadequately addresses, or does not address,** how nurses and other health professionals would use the information derived from the risk assessment. **Inadequately addresses, or does not address,** how the professional's understanding of the pathophysiologic process is applied in this assignment. Information from **3 or more** resources is not current (within 5 years) **and/or** relevant to the specified disease topic. **0– 15 points**

Assignment Criteria	Outstanding or Highest Level of Performance A (92–100%)	Very Good or High Level of Performance B (84–91%)	Competent or Satisfactory Level of Performance C (76–83%)	Poor, Failing or Unsatisfactory Level of Performance F (0–75%)
APA Style and Organization (5 points)	• References are submitted with assignment. • Citations and references are listed using appropriate APA format (6th ed.) and **are free of errors.** • Grammar and mechanics **are free of errors.** **5 points**	• References are submitted with assignment. • Citations and references are listed using appropriate APA format (6th ed.) with **no more than one (1)** type error. **OR** • Grammar and mechanics **have one type of error.** **4.5 points**	• References are submitted with assignment. • Citations and references are listed using appropriate APA format (6th ed.) with **no more than two (2)** types of errors. **OR** • Grammar and mechanics have **two types of** errors. **4 points**	• **NO** references are submitted with assignment. **OR** • Citations and references are listed using appropriate APA format (6th ed.) **with three (3) or more types of errors. AND/OR** • Grammar and mechanics have **3 or more types of** errors. **0-3 points**
Summary posted in discussion (20 points)	Summary posted contains accurate information about **ALL** elements: • Risk factors • Modifiable/non-modifiable risk factors • Measures to alter risk factors • Use of risk factors by nurses and other healthcare professionals. Posts a **short** summary in the Module 6 discussion tab by due date. **19-20 points**	Summary posted contains accurate information and **omits no more than one (1)** element: • Risk factors • Modifiable/non-modifiable risk factors • Measures to alter risk factors • Use of risk factors by nurses and other healthcare professionals. Posts a **short** summary in the Module 6 discussion tab by due date. **17-18 points**	Summary posted contains accurate information and **omits no more than two (2)** elements: • Risk factors • Modifiable/non-modifiable risk factors • Measures to alter risk factors • Use of risk factors by nurses and other healthcare professionals. Posts a **short** summary in the Module 6 discussion tab by due date. **16 points**	Summary posted contains accurate information and **omits three (3) or more** elements: • Risk factors • Modifiable/non-modifiable risk factors • Measures to alter risk factors • Use of risk factors by nurses and other healthcare professionals. Posts a **short** summary in the Module 6 discussion tab by **AFTER** the due date **OR** summary **not posted**. **0– 15 points**
Total Points Possible = 100 points				